



Presents

Spiritual Insights from Everyday Practitioners

A SOULFUL
COLLECTION OF
REAL-LIFE STORIES
FROM MANY
AUTHORS

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SAMPLE CHAPTER

INTO THE UNKNOWN & BEYOND –

The Invitation With... Rev. G. Stearns www.RiteNowMinistry.com

I am inviting you into The Unkown and what I call The Post Heroic and exploring your Midlife Matters.

The Known is what you learn in school or from your family intellectually how the world and people “work” so to speak. How to fix a car or run a household. How to be a good student, husband, father, wife and mother, a good employee or business professional.

The Unkown is what happens after I die, will I get cancer, how long will my job last, will my family stay together, what will I do when I retire, why am I here and what is my ultimate purpose or the meaning of my life? During much of our lives we take our guidance for our choices from our roles and responsibilities, and we may be conscious or not of when we do this. We tend to filter our experience from the perspective of the Heroic Triangle and relate to the world and ourselves from the roles of hero, villain, and victim. The men listening to this may recognize your heroic tendencies, your tendency to be the hero and to rescue those you love from the villainous circumstances you see in the world and feel loved and appreciated for your heroics. The woman listening may recognize the love and appreciation you experience toward the heroes in your life for their heroic acts on your behalf.

Unfortunately, the heroic life and behaviors have limits, and these limits are generally made apparent to us when we least expect it. Midlife is a time in our lives when our limits start to make themselves known and show up in our lives. No amount of heroics will restore the lost job, lost family or health or remove the recognition that you are going to die and there is a finite amount of time left for what you want to do with your life. We must start to live a Post Heroic Life. For many midlife is a crisis. A crisis of limitations. A time for returning to how you have behaved the last time you confronted what to do with your life. Adolescents? Fast cars and fast woman? For some Midlife is a time of symptoms, stress, anxiety, depression, addictions, distractions and diseases. For most it is into the unknown and beyond... Fundamentally some suffering is a

symptom of our discomfort with the unknown and our separation from our authentic self, our relationships and the infinite.

Midlife need not be a crisis. Midlife can be a time of new consciousness and exploration. From crisis to consciousness. From symptoms to signposts. Spiritual awakening, healing relationships, finding your callings & a balanced life. Midlife is the age of transformation & possibilities. Embrace your midlife possibilities. Your midlife transformation transforms the world. The UnKnown a Gateway to Spiritual Awakening. Dare to turn your attention equally to "The Unkown" and your creativity, callings, & meaning of your life as you do "The Known" and your roles, Responsibilities to experience your authentic self, inspiration, non-duality, oneness and guidance into your infinite possibilities.

In coming episodes, we will talk about all of this and finding your inner compass for your journey exploring The Unkown, Into The UnKnown & Beyond... These episodes will be your TransformationWare for your Mind, Heart and Soul. Contemplate to change awareness, explore to reveal possibilities and pursue possibilities to transform.

Spiritual Insights from Everyday Practitioners

is a soulful collection of real-life stories from individuals walking diverse paths of spiritual growth, healing, and conscious living. These are not gurus or distant sages—they are neighbors, parents, teachers, healers, artists, and visionaries who have found profound meaning in life's most ordinary moments.

Compiled by **Neuvias**, an organization devoted to creating new paths to freedom and abundance through conscious connection, this book offers a tapestry of voices united by one truth: **spiritual wisdom is accessible to us all**. Whether through heartbreak or healing, intuition or synchronicity, nature or service—each chapter reveals how the divine can be discovered and lived through daily experiences.

In a time when many are seeking depth, direction, and authenticity, this book is both a gentle companion and a powerful call:

**You are not alone. Your path is sacred.
Your everyday life is a doorway to the extraordinary.**



Neuvias is a nonprofit organization dedicated to creating new paths to freedom and abundance through conscious living and spiritual connection. Rooted in the belief that every person holds unique wisdom and purpose, Neuvias fosters a supportive community of individuals and organizations committed to mutual growth, shared resources, and co-creative partnerships. Through education, storytelling, time banking, and collaborative initiatives, Neuvias empowers people to live authentically, serve with heart, and help shape a more compassionate, interconnected world.